



# SEPTEMBER 2017



Monday	Tuesday	Wednesday	Thursday	Friday
<b>4</b> Closed In Observance Of Labor Day If You Need A Meal Speak To Your Site Manager	<b>5</b> Pork Rib Patty Oatmeal Cookie Sweet Potatoes Brussel Sprouts Fruit Cocktail Milk	<b>6</b> Omelet With Cheese Bran Muffin Parslied Potatoes & Carrots Stewed Tomatoes Mandarins And Pineapple Milk	<b>7</b> Chicken Patty, Gravy Sliced Bread Baked Potato Homemade Cole Slaw Sliced Peaches Milk	<b>8</b> Tuna Macaroni Salad (Macaroni) Tomato Salad Homemade Carrot Salad Sliced Pears Milk
<b>11</b> White Bean Chili With Chicken Crackers Zucchini Homemade Cole Slaw Fresh Apple Milk	<b>12</b> Cheese Enchilada With Red Sauce & Chicken Cauliflower Mixed Vegetables Pineapple Tidbits Milk	<b>13</b> Meat And Cheese Lasagna (Pasta) Cooked Seasoned Spinach Italian Blend Vegetables Banana Milk	<b>14</b> Sweet And Sour Meatballs Brown Rice Broccoli Homemade Carrot Salad Apricot Halves Milk	<b>15</b> Beefy Taco Salad, Romaine Lettuce Tostada Shells Tomato Wedges Corn Salad Honeydew Melon Milk
<b>18</b> Turkey Goulash (Pasta) Winter Mixed Vegetables Homemade Carrot Salad Fruit Cocktail Milk	<b>19</b> Breaded Haddock Brown Rice Mixed Vegetables Homemade Cole Slaw Peaches Milk	<b>20</b> Sliced Turkey, Gravy Stuffing Parslied Carrots Romaine Salad Orange/ Birthday Muffin Milk	<b>21</b> Whole Wheat Spaghetti With Meat And Marinara Sauce Green Beans Spinach Salad Cantaloupe Milk	<b>22</b> Chicken Cesar Salad Crackers Tomatoes And Romaine Lettuce Pickled Beets Mandarin Pineapple Milk
<b>25</b> Cheese Ravioli Meat And Marinara Sauce Cooked Seasoned Spinach Lima Beans Fresh Orange Milk	<b>26</b> Swedish Meatballs Whole Wheat Pasta California Blend Vegetables Romaine Salad Sliced Pears Milk	<b>27</b> Cheese Enchilada, Chicken In (Tortilla) Tomato Salad Corn Apple Crisp Milk	<b>28</b> Chicken Leg With Curry Sauce Brown Rice Broccoli Pea Salad Apricot Halves Milk	<b>29</b> Honey Mustard Chicken Salad Slice Of Wheat Bread Romaine Salad Homemade Carrot Salad Watermelon Milk

**Please make your meal reservations or cancellations two working days ahead.**

NOTE: U.S. Dietary Guidelines recommend that we consume fewer than 2300 mg of sodium a day. Meals on this menu marked with contain over 1000 mg of sodium. We are still researching the sodium content of our recipes and attempting to reduce the sodium content of the meals. Try to balance your sodium intake throughout the rest of the day.